

Integrated Care Partnership Interim Strategy

Update, emerging themes and next steps

October 2022



Integrated care systems have four broad aims...





...and consist of a number of partnerships

Integrated Care Partnership

Who: Broad range of partners across Hampshire and Isle of Wight including voluntary sector, patient groups and wider public services.

What: Integrated Care
Partnership Interim Strategy
– to improve the health and
wellbeing of our whole
population.

Integrated Care Board

Who: Statutory health organisation with unitary Board made up of members from across the system, working with NHS and healthcare partners.

What: Joint forward plan – to better integrate to provide improved access and outcomes for patients tackle the operational and quality issues facing the NHS over the next five years.

Four Place partnerships

Who: Health and Wellbeing Boards and Health and Care Partnerships, made up of health, local authority and wider partners.

What: Identify priorities for their local population and local plans to deliver these priorities.

Provider collaboratives and Local Delivery Systems

Who: NHS Trusts, primary care networks and the broader provider sector working together

What: service and pathway improvements, joined up demand and capacity management and operational responses.

Transformation Programmes

Who: multiple system partners involved in transforming a model / pathway of care (including NHS, local authority, voluntary sector)

What: improve services pathways, patient care and reduce variation in provision across all parts of the system.

The approach we take to developing our strategy and plans together will help to strengthen our partnerships

Our aim is to publish an interim strategy by end December and a strategic/joint forward plan by the end of March



Interim Integrated Care Partnership Strategy (December 2022)

Describes our ambitions and priorities where we can achieve tangible benefits by working together as a new, wider partnership across the system

- ✓ builds on work already completed (including the Joint Strategic Needs Assessments and Health and Wellbeing Strategies)
- ✓ focuses on better integration of health or social care services with "health-related" services
- ✓ sets priorities for joint working where collective working (beyond place) is most helpful
- ✓ must be published and copies distributed
- ✓ Is **co-developed** with a wide range of partners
- ✓ will likely be updated once new arrangements are fully in place

Integrated Care Board joint forward plan (March 2023)

How healthcare partners will deliver services to meet the health needs of our population and deliver the aims of the strategy, ensuring universal NHS commitments are met

- ✓ sets out how the Integrated Care Board will
 exercise its function as commissioner of
 health services
- ✓ supports the delivery of the Integrated Care Partnership interim strategy but covers a wider range of services
- ✓ is a more **internal-facing** "NHS" document

SOURCE: Department of Health and Social Care guidance on the preparation of integrated care strategies, July 2022

Overview: How did we arrive at the emerging areas of focus?



- Review of the data and evidence (Hampshire and Isle of Wight Joint Strategic Need Assessments, Health and Wellbeing strategies, system diagnostics)
 - Collation of perspectives (partner interviews to understand perspectives, priorities and strategies, views of local people and other stakeholder insights)
 - This led to the **identification of 5 themes for initial focus:** children and young people; mental wellbeing; prevention of ill health and healthy lifestyles; workforce; digital and data
- We used the partnership event on the 28 September to **review the evidence** under each theme, together with pre and post events discussions with other system colleagues, and **distilled a longlist** of potential areas of focus from the discussions
 - The next step is to agree the **key areas of focus** for our strategy based on an assessment of the longlist against the design principles we have developed for the strategy, and taking into account the strategy guidance

We started by gathering insights and inputs from a variety of people and sources, including:

Hampshire Sisle of Wight

- Review of the data and evidence
 - 2 Collation of perspectives



The views of local people and other stakeholder insights

Healthwatch, Hampshire
Together and Isle of
Wight public
engagement, people and
digital strategy
coproduction, community
engagement events,
stakeholder surveys



Joint strategic needs assessment and Health and Wellbeing Board strategies

Portsmouth,
Southampton, Isle of
Wight and Hampshire
JSNAs and strategies,
plus the combined ICS
JSNA and covid impact
needs assessment



Partner perspective, priorities and strategies

Directors of strategy,
medical directors, clinical
leaders, public health, fire,
police, elected members,
adult and childrens
services, programmes –
through clinical cabinet,
prevention & inequalities
board, digital group, quality
board, transformation
board, system chiefs,
Bluelight Hub, Health &
Wellbeing Boards



Other data, evidence and information

CQC, NHS Staff Survey, HES
(Hospital Episode Statistics)
 data, financial and
 workforce returns, NHS
 payments to General
 Practice, Skills for Care
 workforce estimates,
 reference costs, Office for
 Health Improvement and
 Disparities; Office for
 National Statistics (the
 above summarised in
 system diagnostic)

This suggested five themes to prioritise, which are supported by the national policy backdrop



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Identification of 5 themes for initial focus

National aims and expected benefits of integrated care systems:



Suggested themes for Hampshire and the Isle of Wight:

Children and young people

"Children and young people should be our first priority; they are the future of Hampshire and the Isle of Wight"

Mental wellbeing

"The non-clinical route into mental health and wellbeing support is just as important as the clinical route"

Prevention of ill health and promotion of healthy lifestyles

"We need to be tackling the 'causes of the causes"

Our people (workforce)

"Without the workforce, none of our ambitions will be achieved"

Digital and data

"There is a known need for digital systems to be integrated and compatible: without this there is a decline in efficiency and collaboration"

Quotes from system partners when discussing possible areas of focus

Our five themes are grounded in national and international policy



Children and young people

- Reducing child health inequalities, what's the problem? reports that adverse health outcomes would be reduced by 18% to 59% if all children were as healthy as the most socially advantaged.
- The Royal College of Paediatrics and Child Health report, State of child health - England: 1 year on, highlights that children living in England have poorer health outcomes than average across the EU15+ (the 15 European Union countries plus Canada, Australia and Norway)
- The NHS Long Term Plan sets out the priorities for expanding Children and Young People's Mental Health Services over the next 10 years

Prevention of ill health and promotion of healthy lifestyles

- The government states that the 2020s will be the decade of proactive, predictive, and personalised prevention
- The 10 year forward plan signals a clear focus on prevention. A 'renewed' NHS prevention programme will focus on maximising the role of the NHS in influencing behaviour change, guided by the top five risk factors identified by the Global burden of disease study: smoking, poor diet, high blood pressure, obesity, and alcohol and drug use.

Our people (workforce)

- Addressing staffing issues in the NHS is among the top priorities for the public, reiterating the desperate need for a long-term, fully funded workforce strategy for the health and care service.
- The People Plan 2020/21: action for us all, set out a range of actions to deliver more people, working differently, in a compassionate and inclusive culture.

Mental wellbeing

The Five Year Forward View for Mental Health made a series of recommendations for the NHS and Government to improve outcomes in mental health by 2020/21The NHS Long Term Plan included further commitments to improve mental health services. In 2022 the Government issued a call for evidence to inform a new, 10-year crossgovernment Mental health and wellbeing plan.



Digital and data

- Population health is one of the core strategic aims for integrated care systems; to improve physical and mental health outcomes, promote wellbeing and reduce health inequalities across an entire population, with a specific focus on the wider determinants of health
- Using data held by the NHS, and generated by smart devices worn by individuals, we will be able to usher in a new wave of intelligent public health where everyone has access to their health information and many more health interventions are personalised.

11 potential areas of focus for the strategy have emerged from strategy development discussions to date



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Review evidence & distil a longlist

Children and young people

Mental wellbeing

Prevention of illhealth and promotion of healthy lifestyles

Our people (workforce)

Digital and data

Long-list of cross-cutting potential strategic priorities for the ICP strategy

- Proactive, integrated care for people with complex needs
- First 1,000 days
- Better supporting people affected by childhood trauma
- Transitions from child to young person and on into adult life
- Reducing social isolation and loneliness
- Working with schools on prevention and mental health support
- Working together to impact cost of living

- Maximising the opportunities of anchor institutions greater impact through more targeted work
- Our people (workforce), further:
 - enable integration/mobility/transferability
 - support wellbeing, including Covid-19 trauma counselling
 - leveraging untapped volunteers
 - workforce supply
- Digital inclusion
- Designing and implementing a joinedup IT system and / or integrated dataset

Other ideas were considered, but discounted on the basis that they:

- · Would be better tackled at Place / organisational level
- Weren't cross-cutting enough i.e., didn't excite all partners
- · Would / could be tackled through the emerging themes selected
- Had an evidence base but we haven't heard passion for these areas in our work to date and have agreed with partners to go where the energy is

Next steps



- For the areas we are shortlisting, we will be testing and socialising with colleagues and partners, as well as:
 - o gathering further evidence to strengthen the case for change and/or sharpen our strategic focus
 - describing our strategic ambitions for each of the shortlisted priority areas, identifying target outcomes and implementation plans (this work is already in train)
- Testing, socialising, developing through key groups, including
 - Integrated care partnership committee in November
 - Board of the integrated care board in December
 - Health and wellbeing boards
 - ICS NHS Executive Leadership Group
 - Integrated care board senior leaders
 - Peer groups across the system
 - People and public involvement groups
 - Partnership reference group

In the meantime:

- We are working through the early steps in the process of developing the Integrated Care Board's strategic (joint forward) plan
- Please email <u>sarah.reese1@nhs.net</u> or <u>Roxanne.ransome@nhs.net</u> if you would like to work through your thoughts on the development of the strategy